



MARK OSHANA

LOCATION SOUND RECORDIST

07437961024 markoshana.sound@gmail.com www.markoshana.com

I am a Location Sound Recordist based in Bristol with over 7 years of experience delivering high-quality sound for a wide range of productions, including documentary, short film, commercial, corporate video, and sporting content. I'm often described as calm and supportive, and I genuinely value teamwork and adaptability, always prepared to tackle the unique challenges each project presents. I've invested in top-end recording gear and a variety of accessories—having the right tools helps me tackle any obstacles on location, ensuring that every project sounds polished and professional.

SKILLS

Core production skills:

Location Sound Recording, Boom Operating, Location Mixing, Sound Assisting, Field Recording

Core post-production skills:

Sound Design, Foley, Dialogue Editing, Sound Restoration, Mixing

Software skills:

Adobe Audition, ProTools, iZotope RX9, Logic X, Ableton, Premiere Pro, DaVinci Resolve

FEATURED CREDITS

Datamine - Promotional Video (Bristol Video Company) Sound Recordist	Feb 2025
EFL Football Challenge, That's Football series (JMPUK / EAFC) Sound Recordist	Nov 2023 - Feb 2025
Heart Stories Campaign (JMPUK / Sky Bet / BHF) Sound Recordist & Audio Editor	April 2024 - Jan 2025
Cadence Short Film (Director - Maryam Bahaari) Sound Recordist	May 2024
Real Football No.1's Campaign (JMPUK / Sky Bet) Sound Recordist & Audio Editor	Feb 2023 - Oct 2023
Ian Holloway: The Hotseat Documentary (JMPUK / Sky Bet) Sound Recordist & Audio Editor	Jan 2023 - Oct 2023
Boxxer Series: Shields vs. Marshall (JMPUK / Bet365) Sound Recordist	Sept 2022- Oct 2022
NHS 111 / Recovery TVC (JMPUK / NHS) Sound Recordist	March 2022 - May 2022
It's Time - Williams F1 Kit Launch (JMPUK / Umbro) Sound Recordist & Foley Artist	Feb 2022
Piotr (Short Documentary) Sound Recordist & Foley Artist	May 2017

Full list of credits available on my website - www.markoshana.com

AWARDS / CERTIFICATES

BA Hons - Filmmaking and Creative Media

2018 Best Short Feature, RTS West of England - Piotr

2018 Best Mini Documentary, Golden Tree International Documentary Film Festival - Piotr

2017 Nahemi Creative Filmmaking Award, Encounters Film Festival - Piotr

Clean Full UK Driving Licence

UK Passport

UK Radio Licence (PMSE)

EQUIPMENT

Recorders

Sound Devices 688 w/ SL6

Zoom F8n

Radio Mic Systems

Wisycos MCR54 Quad Receiver

x2 Wisycos MTP41s Transmitters

x2 Wisycos MTP61s Transmitters

Timecode, IEM's & hops

x2 Tentacle Sync E (Timecode)

Sony UWP kit (Wireless IEM/hop)

Sennheiser G3 kit (Wireless IEM/hop)

Microphones

Sennheiser MKH 416

Sennheiser MKH 50

x4 Sanken COS-11 lav mics

x6 Oktava MK-012 (5:1 recording)

x2 Rode PodMic

Misc

Various lavalier mounts & accessories

C-stand w/ microphone holder

x2 Heavy duty microphone stands

Various accessories for troubleshooting

Macbook Pro w/ Izotope RXg, etc

REFERENCES

References can be given upon request