



MARK OSHANA

LOCATION SOUND RECORDIST - AUDIO POST-PRODUCTION

07585114228 markoshana.sound@gmail.com www.markoshana.com

Freelance sound recordist with more than five years of industry experience. I am based in the South West of England and offer professional equipment and location recording services. As a skilled and reliable professional with a passion for sound, I take immense pride and care in my work. My aim is to provide exceptional sound quality while maintaining a friendly and approachable demeanor. I additionally specialise in audio post-production, with proficiency in various video and audio editing softwares. My experience includes: documentary, narrative, corporate, commercial, branded content, animated content, sport, music performance, voice-over and podcast.

Specialising in Location Sound Recording, Location Mixer, Boom Op, Foley, Field Recording, Voiceover, Interviews, Live Music Recording, Audio Post-Production, Track Lay, Dialogue Editing, Sound Design, Sound Restoration, Mixing, Adobe Audition, ProTools, Logic X, Ableton, iZotope RX, Premiere Pro, DaVinci Resolve.

FEATURED CREDITS

[Real Football No.1's Campaign \(JMPUK / Sky Bet\)](#)

Feb 2023 - Oct 2023

Sound Recordist & Audio Editor

Sky Bet campaign promoting local hero's in grassroots football around the UK.

[Ian Holloway: The Hotseat Documentary \(JMPUK / Sky Bet\)](#)

Jan 2023 - Oct 2023

Sound Recordist & Audio Editor

Documentary following Ian Holloway around the UK, meeting his football managerial friends and exploring what it means to be a manager in English football.

[The Gambling Harm Podcast \(JMPUK / Epic Risk Management\)](#)

April 2023

Sound Recordist

Podcast featuring Epic Risk Management's staff members recounting personal stories and providing guidance on the risks associated with gambling.

[League Of 72, Football's Real Stories: Barrow AFC \(JMPUK / Sky Bet\)](#)

Jan 2023

Sound Recordist & Audio Editor

Short documentary about Barrow AFC, sharing their story of how they've adapted to life in Sky Bet League Two as they hunt for promotion.

[League Of 72, EFL Fan Debate \(JMPUK / Sky Bet\)](#)

Dec 2022

Sound Recordist

A filmed debate between fans and professional analysts regarding the top six EFL teams in the 22/23 season, and their prospects for promotion.

[Boxxer Series: Shields vs. Marshall \(JMPUK / Bet365\)](#)

Sept 2022- Oct 2022

Sound Recordist

Short documentary showcasing the build up and backstage scenes of the Shields vs. Marshall Boxxer event.

[International Mixed Ability Rugby Tournament 2022 \(JMPUK / IMAS\)](#)

June 2022

Sound Recordist & Audio Editor

Short documentary covering IMART 2022 (International Mixed Ability Rugby Tournament).

Boxxer Series: Cruiseweights Behind The Scenes (JMPUK / Bet365)	May 2022
Sound Recordist	
Short documentary showcasing the build up and backstage scenes of the Men's Cruiseweight Boxxer event.	
League Of 72, Inside: Bradford City (JMPUK / Sky Bet)	April 2022
Sound Recordist	
Short documentary following Mark Hughes at Bradford City FC, showcasing the team's progress throughout the season and providing insight into their preparations for the upcoming 22/23 season.	
NHS 111 / Recovery TVC (JMPUK / NHS)	March 2022 - May 2022
Sound Recordist	
TV Commercial informing the public of how and when to use the NHS 111 service.	
It's Time - Williams F1 Kit Launch (JMPUK / Umbro)	Feb 2022
Sound Recordist & Foley Artist	
Branded commercial showcasing the new Umbro clothing range for Williams F1 2022.	
League of 72, Inside: Behind The Scenes at Harrogate Town (JMPUK / Sky Bet)	Jan 2022
Sound Recordist	
Short documentary about Harrogate Town AFC, highlighting exclusive behind-the-scenes access to their tactical preparations and match day dressing room talks.	
League Of 72, Football's Real Stories: Ben Brereton-Diaz (JMPUK / Sky Bet)	Nov 2021
Sound Recordist	
Short documentary about Ben Brereton-Diaz, highlighting his life and rise to becoming a top player in the EFL at Blackburn Rovers FC.	
League Of 72, Inside: The South Wales Derby (JMPUK / Sky Bet)	Oct 2021
Sound Recordist	
Short documentary about Cardiff City FC and Swansea FC, taking an inside look of their preparations for the 21/22 South Wales Derby.	
League Of 72, Inside: Deadline Day Mansfield (JMPUK / Sky Bet)	Sept 2021
Sound Recordist	
Short documentary about Mansfield FC showcasing the behind-the-scenes of their transfer deadline day.	
NHS South West, Covid Vaccination Campaign (JMPUK / NHS)	May 2021 - June 2021
Sound Recordist	
Short series of NHS videos highlighting to the public how to deal with Covid-19, including vaccination, helpline and tourist information.	
Off The Hook with Jimmy Bullard Podcast (JMPUK / Sky Bet)	Feb 2021 - Sept 2022
Sound Recordist & Audio Editor	
Podcast following Jimmy Bullard where he travels around the UK, meeting up with fellow football professionals discussing their current lives and history with football.	
Live Music Sessions (Nowhere Sessions)	June 2019 - May 2020
Sound Recordist & Audio Editor	
YouTube series showcasing live music of artists in Bristol, performing in hidden gem locations.	
Piotr (Short Documentary)	May 2017
Sound Recordist & Foley Artist	
Short student documentary following Piotr Kurcman highlighting his struggles with depression and how MMA fighting and Art harmonise to achieve equilibrium in his life.	

PAST EXPERIENCE / EMPLOYMENT

JMPUK

Sound Recordist, Audio Post-Production & Data Wrangler

Dec 2020 - Jan 2023

Nowhere Sessions

Freelance Sound Recordist & Audio Post-Production

June 2019 - May 2020

Pixelyt Films

Freelance Sound Recordist & Camera Assistant

Dec 2014 - May 2020

AWARDS / CERTIFICATES

BA 2nd Class Hons - Filmmaking and Creative Media

2018 Best Short Feature, RTS West of England - Piotr

2018 Best Mini Documentary, Golden Tree International Documentary Film Festival - Piotr

2017 Nahemi Creative Filmmaking Award, Encounters Film Festival - Piotr

Clean Full UK Driving Licence, UK Passport, UK Radio Licence (PMSE)

EQUIPMENT

Recorders

Zoom F8n - 8-Track Field Recorder w/ Timecode

Zoom F4 - 4-Track Field Recorder w/ Timecode

Zoom H6 - 6-Track Handy Recorder

3 x Zoom H1 Handy Recorders

Radios & Timecode

Wisycom MCR54 Quad Receiver

2 x Wisycom MTP41s Transmitters

2 x Wisycom MTP61s Transmitters

2 x Timecode Box - Tentacle Sync

Microphones

Sennheiser MKH 416 Shotgun Microphone

Sennheiser MKH 50 Microphone

4 x Sanken COS-11D Lavalier Microphones

6 x Oktava MK 012-01 Microphones

2 x Rode NTG-2 Shotgun Microphones

2 x Rode PodMic Dynamic Microphones

Shure SM58 Dynamic Microphone

Misc

Orca Mixer Bag w/ Harness

E-Image 3m Carbon Fiber Boom Pole

Rode 3m Boom Pole

Rode Blimp Mk2 w/ Windshield

C-Stand w/ Microphone holder

5 : 1 Ambience Recording Setup

2 x Heavy Duty Microphone Stands

Multiple Lavalier Mounts & Accessories

Various other wires and bits for any sound troubleshooting

REFERENCES

References can be given upon request

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